



Getting Started Guide

iCare HOME2 – Getting Started Guide

Thank you for purchasing iCare HOME2, the gold standard for IOP self-measurement. The iCare HOME2 tonometer is designed for patients to measure their intraocular pressure at home. iCare HOME2 revolutionizes glaucoma care by enabling the monitoring of IOP variations throughout the day and the night.

The iCare software provides a comprehensive view of IOP measurement results in graphical format. Measurement results can be accessed easily with a smart phone or a web browser. The iCare HOME2 self-tonometer can also be used on its own. The tonometer provides access to the last 100 measurement results.

To start using the iCare HOME2 and iCare software:

1. Follow the instructions in Chapter 1 of this guide to set the language, date and time of your tonometer. This will ensure that the IOP measurement results are stored with the correct local date and time information.
2. Follow the instructions in the iCare HOME2 Quick Guide to learn how to take measurements with the iCare HOME2. Please also view the iCare HOME2 User Instructions Video provided on the USB memory stick in the iCare HOME2 carrying case.
3. For patients - To use iCare HOME2 with iCare software, follow the instructions in Chapters 2 and 3 of this guide.
4. For healthcare professionals - To use iCare HOME2 with iCare software, follow the instructions in Chapters 2 and 4 of this guide.










You can find the instruction manuals and quick guides for the iCare HOME2 and the iCare software in the iCare HOME2 product package.

Should you have any questions, please contact an iCare distributor, your healthcare professional or **icare-mHOME-support@icare-world.com**.


















1 Setting the language, date and time
















1.1 Set the Language

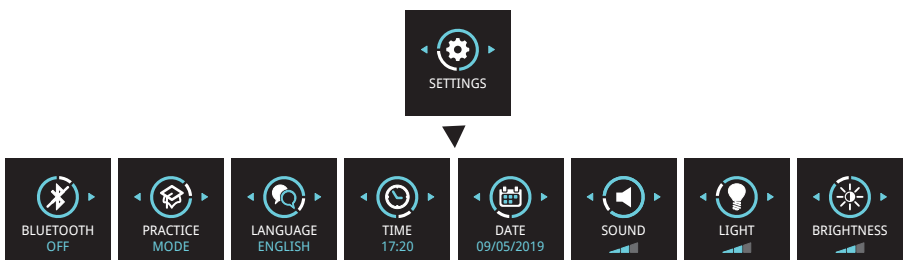
1. Press and hold down  to switch on the tonometer.
2. Press  until you see **SETTINGS** on the display.
3. Press .
4. Press  or  until you see **LANGUAGE**.
5. Press  to change the language.
6. Press  or  until you see the language you want, and press .

1.2 Set the Date

7. To change the date, press  or  until you see **DATE**.
8. Press .
9. Press  or  until you see the date format you want, and press .
10. Press  or until  you see the year you want, and press .
11. Press  or until  you see the month you want, and press .
12. Press  or until  you see the day you want, and press .

1.3 Set the Time

13. To change the time, press  or  until you see **TIME**.
14. Press .
15. Press  or  until you see the time format you want, and press .
16. Press  or  until you see the time zone you want, and press .
17. Press  or  until you see the hour you want, and press .
18. Press  or  until you see the minutes you want, and press .



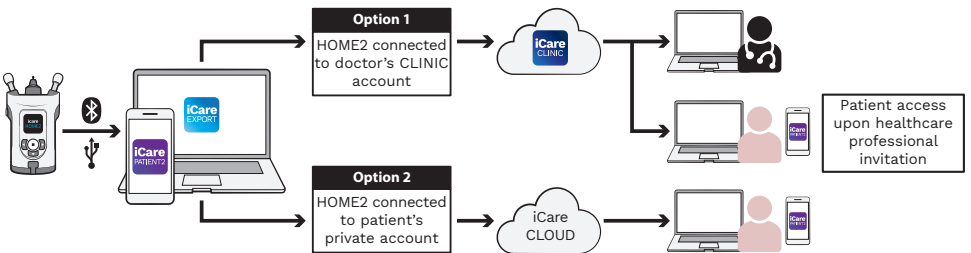
2 iCare software system overview

The iCare software system consists of the following:

- iCare HOME2, a self-tonometer for measuring eye pressure.
- iCare CLINIC, a cloud-based software service, managed by healthcare professionals. With iCare CLINIC, the healthcare professional and patients can view and analyze iCare HOME2 measurement results on a browser.
- iCare CLOUD, designed for patients, to create a private account for storing iCare HOME2 measurement results.
- iCare PATIENT2, a mobile application designed for patients to view IOP measurement data. iCare PATIENT2 can also be used by patients or healthcare professionals for uploading data to iCare CLINIC or to iCare CLOUD.
- iCare EXPORT, a PC application for Windows OS. iCare EXPORT can be used for viewing IOP data and uploading data to iCare CLINIC or to iCare CLOUD.

NOTE! The iCare HOME2 tonometer can be connected to either iCare CLINIC or iCare CLOUD, but not both. Patients can store their measurement data to a private account in the iCare CLOUD, if their tonometer is not registered to a healthcare professional's iCare CLINIC account.

iCare HOME2 Use Models



3 [For Patients] Registering the iCare HOME2 and starting to use iCare software

In order to see your iCare HOME2 measurement results in a smart phone or with a web browser, the iCare HOME2 tonometer needs to be registered either to:

- an iCare CLINIC account or
- your private iCare CLOUD account.

Consult your healthcare professional, whether he or she has an iCare CLINIC account to which the iCare HOME2 has been or can be registered. Once the iCare HOME2 has been registered to an iCare CLINIC account, your healthcare professional can provide you with iCare patient credentials. With those you can then access your measurement results in the iCare PATIENT2 app, or with a web browser.

If the iCare HOME2 tonometer is not registered to an iCare CLINIC account, follow the steps below for setting up your private iCare CLOUD account:

1. Go to **www.icare-world.com/cloud/registration/**
2. Start by selecting your country.
3. Accept the terms of use by clicking all the checkboxes and enter your email address.
4. You will receive an email. Click the activation link.
5. Complete your registration by filling in the information required on the webpage, including your chosen password. You can find the device's serial number on the back of the tonometer.
6. You will receive a registration confirmation email. The email includes the web address to access your iCare CLOUD account.
7. The same iCare credentials can be used to log in to the iCare PATIENT2 mobile app.

For taking the iCare PATIENT2 app into use with your tonometer, follow the instructions in the iCare PATIENT2 and EXPORT Quick Guide.

For taking the iCare EXPORT PC application into use with your tonometer, follow the instructions in the iCare PATIENT2 and EXPORT Quick Guide. You can download the iCare EXPORT PC application from **<https://www.icare-world.com/apps/export/>**

The iCare EXPORT works in Windows OS.

If you want to unsubscribe from iCare CLOUD, contact **icare-mHOME-support@icare-world.com**.

4 [For professionals] Start using the iCare software

The iCare CLINIC software can be used to manage the loaning of your iCare HOME and HOME2 tonometers to patients, and for viewing, analyzing and reporting IOP measurement results.

For more information about iCare CLINIC, visit: **www.icare-world.com/product/icare-clinic-software/**

For subscribing to iCare CLINIC, visit: **<https://icaremhome.com/>**

For adding your iCare HOME2 tonometer to iCare CLINIC, follow the instructions in the iCare CLINIC, EXPORT and PATIENT Instruction Manual for Professionals.

Also, the iCare EXPORT PC application can be used for viewing IOP measurement results. It can also be used for creating a simple measurement report in table format.

You can download the iCare EXPORT PC application from: **<https://www.icare-world.com/apps/export/>**

You can find the iCare CLINIC, EXPORT and PATIENT Instruction Manual for Professionals on the USB drive in the HOME2 product carrying case.



Icare Finland Oy

Äyritie 22

01510 Vantaa, Finland

Ph. +358 0 9775 1150

info@icare-world.com



For further information,
read the instruction manual.



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